



Visit our website: www.cmeals.org

January 2014

Serving hot delicious meals every Tuesday and Thursday from 5:30 – 6:00 pm at the First Lutheran Church on the corner of 4th & Wyeth streets in St. Helens, OR. All are welcome.



Providing festive music at our December Christmas Party were members of the St. Helens High School Band

Celebrating 2013



Volunteers with Santa!

In **2013**, Community Meals opened their doors **101 evenings** to serve **11,434 hot meals**, providing warmth and fellowship and serving our Community with hospitality, dignity and respect.

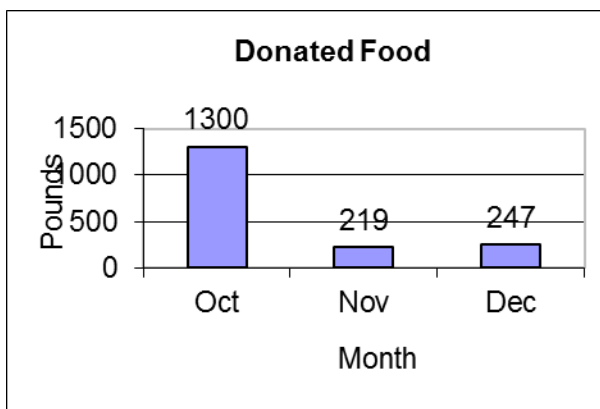
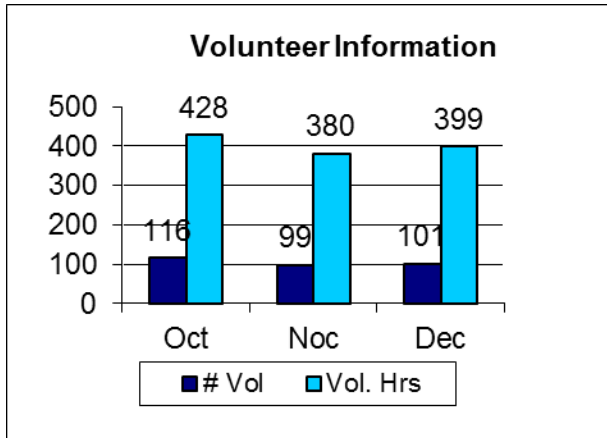
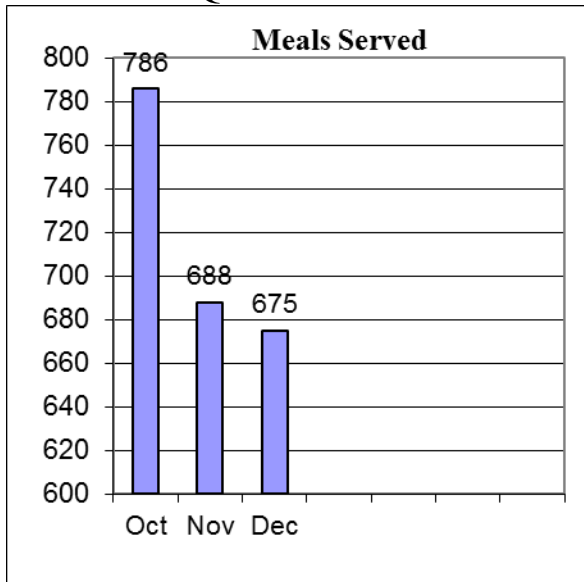
Yes it was another big year at Community Meals. The 100+ volunteers and countless guests would like to thank First Lutheran Church for hosting all of us through your doors. We have all been provided not only nourishing food but a warm place in winter and a cool place in summer to eat it. Besides food, we have been provided friendship, joy, and love. Community Meals has been a space where the bonds of friendship have formed with guests and volunteers alike...bonds that extend outside these walls and linger in the heart.

Come join us at our meals. All are welcome!

“It is not the level of prosperity that makes for happiness but the kinship of heart to heart and the way we look at the world that knits us together.

Aleksandr Solzhenitsyn

4th Quarter Statistics



Note: October reflects meat from meat sale.

★ Thank You! ★ ★ THANK YOU! ★

Community Meals would not survive without the many donations that we receive from various organizations and individuals. While we do not have the space to thank everyone, we would like to recognize the following for their contributions:

- Cathy Bowcock
- Harold and Dena Nelson
- New Life Fellowship
- Barbara Gordon
- Belleza Day Spa
- Helen Purkerson
- Randy & Linda Dunn
- Colleen DeLong
- St. Helens Day Breakers Kiwanis
- Plymouth Presbyterian Church
- Konnie Speirs
- Bob and Carlene Clore
- Mae Mowrey
- Jenefer Grant
- Charlotte Hart
- Edee Douglas
- Kay Justice
- Laura Lee Phillips
- Violet Von Allmen
- Marilyn Allen
- Lib Hooper
- John and Beth Hunnicutt
- Kathy Bauska
- Betty Keller
- Kathryn Brittain
- Dixee Partee
- Louis Sena
- Judy Ann Johnson
- Lisa Frahm
- Polly Holbrook
- Windemere Realtors
- Margaret Booth
- Jeff Van Natta

THANKS FOR YOUR SUPPORT!

During the year, Hudson Garbage provides extra garbage pickup service at no increased cost, and Paulette Lichatowich maintains the web site at no cost to Community Meals. Sunshine Pizza provides bread for one meal each month, Costco donates bread and desserts, Market Fresh provides discounts on many items, and several cooks, other volunteers and guests donate food items.

Contact Information

For additional information on Community Meals or how you or your organization can be involved, please contact:

Kathy Bauska – telephone: 503-366-6793, email -
kathybauska@comcast.net
Judy Ann Johnson – telephone:
503-543-2031, e-mail:
judyannj@centurytel.net



Blake Helm and Drew Barbier
Made a YouTube video for Community Meals. It can be seen at:
<http://www.youtube.com/watch?v=pepm-N7co5Y>

Financial Report

	Dec.	YTD
Income	\$ 5,550	\$ 13,692
Expenses	\$ 4,239	\$ 11,323



Drew Sundeen

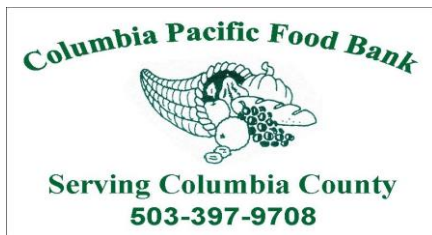
Drew built garden boxes and installed them at the Community Garden for a senior project. Thank-you Drew!





First Lutheran Church Helps Santa

Joy Johnson and Jennifer Anderson, with the help of the congregation at First Lutheran Church, made Community Meals a special place in December. Through their efforts Joy and Jennifer coordinated the gathering of over 200 toys for all ages. Parents and grandparents of Community Meals were able to come and “shop” for Christmas gifts for their children. Over 70 children were able to receive at least two gifts. On average, 30 children come to each Community Meal. Thank you Joy and Jennifer and your elves, Edee Douglas, Jean LeMont, Karon McDougal and First Lutheran for making Christmas a time of plenty for our children.



Two Longtime Volunteers Off To New Adventures

We had to say goodbye to two volunteers at Community Meals. Dixee Partee and Polly Holbrook, who are sisters, have been cooking for Community Meals on the Third Tuesdays since the very first meal, June 2009. Polly and Dixie wish us continued success with our program and they are very grateful for their experiences with our “community”. We are grateful to them. Thank you Dixee and Polly.



Third Thursday Cooks:

Louis Sena, Kathleen Dinwiddie, Linda Liefeld and Kathy Bauska (not pictured, Linda Swan)